

PHOSC SAILING INSTRUCTIONS

-Version 7 updated March 2022 - (SR)

DEFINITIONS

Club: Port Hacking Open Sailing Club Inc.

Race Committee: The Race Committee may comprise the Rear Commodore, Starters, elected members and seconded members, as necessary. It will be the responsibility of the Rear Commodore to form the Race Committee as and when it is required.

Racing Rules of Sailing: The latest version of the Australian Sailing "Racing Rules of Sailing" as referenced at the "Australian Sailing" Resources webpage at <https://www.sailingresources.org.au/class-assoc/racing-rules/>

CLUB RACING RULES

All Club races will be governed by the following rules:

1. The Racing Rules of Sailing;
2. The prescriptions and special regulations of Australian Sailing;
3. The rules of each relevant class of competing boats; and
4. These sailing instructions.

If any conflict exists between these sailing instructions and the other rules then the provisions of these sailing instructions prevail.

Any dispute about the interpretation of these rules will be referred to the Race Committee for resolution. Any appeal against a decision of the Race Committee in the interpretation of these rules will be referred to Australian Sailing, whereupon the decision shall be final except where Australian Sailing refers it to another Yachting Authority. (See Racing Rules of Sailing, Section D Appeals Rule 70)

DISCLAIMER OF LIABILITY

It is the competitor's sole decision to enter a Club race and to start and or to continue to compete. By way of entering, competitors acknowledge and agree that participation in the event can be dangerous and accept their participation is at their exclusive risk in every respect. Further, by way of entering, competitors shall hold harmless the Club, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in the event and acknowledge and accept that the Club, its officers, members, servants, agents and other competitors accept no responsibility in respect to loss of life, personal injury or loss or damage to property which may be sustained by reason of a competitor's participation or intended participation in the event or arising for whatever reason in connection with the event.

Attention is drawn to Racing Rules of Sailing Fundamental Rule 4 – Decision to Race and Rule

3 Acceptance of the rules

ALTERATIONS TO SAILING INSTRUCTIONS

Prior to the warning signal, or starting of the starting clock, the Race Committee may make temporary alterations to these sailing instructions that affect only the immediate race. Any such temporary alterations shall be communicated to the participants in the relevant race in a way deemed appropriate by the Race Committee.

RACE ENTRIES

Entry to Club races is restricted to financial sailing members of Port Hacking Open Sailing Club Inc. Discover Sailing members of the Club will be entitled to sail in not more than one race in any one season and shall not earn points or be eligible for trophies/awards/prizes.

Visitors that are financial Australian Sailing members of other sailing clubs or have registered and complied with the requirements of the Australian Sailing "Sail Pass" (also refer rule #46 in Australian Sailing - "Racing Rules of Sailing" Blue Book), may compete in a maximum of three Club races by advising the Club starter prior to each race.

Such visiting boats will be subject to these Sailing Instructions; however, they will not be eligible to accrue points or be awarded trophies/awards or prizes until they become full financial members of the club.

Points accrued prior to full membership will not count.

SIGNING ON / OFF

The skipper or crew of each boat shall sign on at least 15 minutes before the start of each race.

A visiting skipper and/or crew shall sign on at least 15 minutes before the start of the race in the visitor's book only. If it is impractical for a visiting boat to sign on as above, such boat may be accepted as a starter provided the skipper indicates his or her intention to start the race to the Starter prior to the Warning Signal or Starting clock countdown. It is the responsibility of the visiting skipper to ensure that their intention to race is conveyed to the Starter.

Sign-on sheets for Club members and visitors will be available in the clubhouse.

The skipper or crew of each boat shall sign off within 30 minutes of finishing the race.

The time limits for signing on and/or off may be altered at the discretion of the Race Committee.

At the discretion of the Race Committee, a boat may be penalised for failure to sign on or off in accordance with these instructions.

SCHEDULE OF RACES

The dates of all club races will be listed in the official Racing Program which is published on the Club's Website. A copy will also be posted on the notice board on the wall of the Starter's Box.

Where an alteration is to be made to the Race Program, the Race Committee will give no less than seven days' notice and post details of the alteration on the Club Notice Board and on the Club's website.

COURSES

Numbered race course maps and descriptions are available on the Club's website. The course to be sailed on a particular race day will be signified by a numbered disc displayed in the window next to the Starter's Box. The number on the disc will correspond with the course number to be sailed. A change in course may be made at any time up to the Preparatory Signal or Starting clock countdown by changing the course number disc. No other notice need be given. If a course change needs to be made after this time, an announcement will be made by the starter and a fresh Preparatory Signal or Starting clock reset will apply.

Where a permanent changes to the standard courses is made, the Race Committee will give no less than seven days' notice and post details of the alteration on the Club Notice Board and on the Club website.

COURSE MARKS

Unless otherwise advised, the marks will be upright orange cylindrical buoys marked with the Club's insignia.

STARTING & FINISHING LINES

The starting and finishing line shall be a line between an orange buoy laid approximately 100 metres in front of the Clubhouse and the Starter's Box or as otherwise determined by the Race Committee and announced at a pre-race briefing.

BRIEFINGS

A briefing may be given prior to the start of any race. However, any changes to the sailing instructions must have been agreed by the Race Committee (see ALTERATIONS TO SAILING INSTRUCTIONS above).

LONE STARTER

Should only one boat be present at the start of a race, she shall be entitled to sail the course and thereafter be declared the winner of that race.

STARTING PROCEDURE

Numbers displayed on the digital clock on the Starter's Box will control starting. The clock will show minutes and tenths of minutes in a descending sequence starting at 60 minutes.

(Note: every 10th of a minute on the clock = 6 seconds).

In a Sealed Handicap race, boats will start in groups according to division and/or class as follows:

Division	Clock Starting Number
Open	50.0

Heron	35.0
NS14	15.0

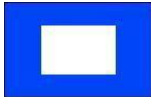
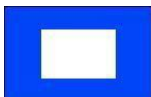
The starting clock will normally commence its descending sequence at 1.00pm on a Club race day. The Race Committee may alter this time and, if so, an announcement will be made to that effect by the Starter.

The Club Racing Rules apply to each boat from five minutes prior to the starting time of that boat.

Unless otherwise advised on the day, no sound signals will be given for Club races.

Should the digital clock not be operating, a Flag Start will be made subject to the following procedure and/or as announced at a pre-race briefing.

The procedure for a Flag Start will be as follows:

Time	Flag	Signals
5 minutes prior to the start		Warning Signal Club Flag raised plus sound signal
4 minutes prior to the start		Preparatory Signal Code Flag P raised plus sound signal
1 minute prior to the start		Preparatory Signal Code Flag P lowered plus sound signal
Start		Club Flag lowered accompanied by a sound signal

OPEN HANDICAP RACES

In an open handicap race each boat will start on its current handicap time which will be posted in the clubhouse at least 1 hour before the race.

KEEPING CLEAR OF START/FINISHING LINE

In order to avoid disrupting boats that are starting or finishing a race, all boats that are not racing (including those that have not started or have retired from a race) must make every effort to avoid impeding boats that are starting the race. Boats that have retired must avoid impeding boats that are still racing irrespective of their location on the course.

RECALLS

Any boat over the line (OCS) at the start of a race will have a two-minute time penalty applied unless they have made amends by returning to the non-course side of the line and restarting the race in accordance with the rules.

If a starter is on duty, then he/she may use a sound signal and/or use the loud hailer to indicate a boat is OCS. In the absence of a recall signal from the starter, it is each skipper's responsibility to determine if his/her boat was OCS and take appropriate action. The absence of a recall signal will not be a reason for not applying the two-minute penalty.

If the race committee determines that a boat has deliberately broken the start in an attempt to gain advantage despite the two-minute time penalty then that boat will be disqualified.

Unless otherwise notified that the Race Committee has made a decision to the contrary (see ALTERATIONS TO SAILING INSTRUCTIONS above) there will be no general recalls.

SHORTENED COURSE

Code Flag 'S' flying from the club and/or on the support boat shall signify a shortened course. The Starter or the support boat may also give a verbal instruction.

POSTPONEMENT

The "Answering Pennant" flying from the clubhouse will signal a postponement to the start of a Club race. The Race Committee will endeavour to announce the anticipated duration of the postponement by loudspeaker from the Starter's Box. The end of the postponement will be indicated by the lowering of the "Answering Pennant" accompanied by a new Preparatory Signal being given or the starting clock being restarted.

ABANDONMENT

A race will be abandoned in any circumstances that pose a risk to competitors, other club members or anyone else. The decision to abandon a race will be made by the starter or the Race Committee and will be signalled by the raising of the Code Flag 'N' on the clubhouse and, where possible, on the support boat. A race may be abandoned before it is due to start or after it has commenced. If a race is abandoned after commencement, it is the responsibility of each competitor to make his or her way to the shore as quickly as possible. Should a competitor reach the shore other than at the Club, he or she must make every effort to inform the crew of the support boat and/or the Starter of their whereabouts as soon as possible.

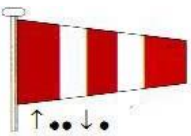
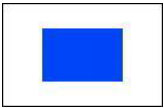
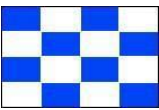
Recall Signals



General Recall



Code Flag X = Individual Recall

Race Alteration Signals	
	Answering Pennant = Postponement
	Code Flag S = Shortened course
	Code Flag N = Race abandoned

STRONG WINDS

In the event of strong winds and/or other adverse weather conditions, the Rear Commodore will make decisions about the commencement, postponement or abandonment of a race in accordance with the Safety Management and Risk Assessment Procedures which are available on the club website. If the Rear Commodore is not present, then the responsibility for making these decisions falls to the Commodore and if he/she is not present then to the Vice-Commodores.

As a general rule, junior racing will not take place (or continue) if the wind strength exceeds 12 knots. Experienced junior crews may be exempt from this limitation at the discretion of the Rear Commodore or his/her delegate.

RETIREMENT

Any boat withdrawing from a race shall advise the Starter of their retirement from the race as soon as practicable. In order to avoid disrupting boats that are still competing, a boat that has retired must not cross the finishing line in the normal direction of the course and must make every effort to avoid impeding other boats that are still racing.

TIME LIMITS

The time limit for all boats shall be:

- Sealed handicap races - three hours from the relevant Division start time.
- Open handicap races - three hours from the start time of the Scratch boat in the division.

PROTESTS

Protests shall be made in writing on the prescribed form and handed to the Starter or a

member of the Race Committee by 6.00pm on the day of the race. A Protest will be heard as soon as possible following lodgement of the completed form to the Race Committee. Subject to the discretion of the Race Committee, informal attempts may be made to resolve a protest prior to a formal hearing being held.

PENALTY TURNS

Touching a mark: a boat that touches a mark while racing may take a penalty by making one turn (360 degrees). Rules 44.1 & 44.2 of the Racing Rules of Sailing apply.

A boat that breaks a rule against another boat must make two penalty turns (720 degrees). Rules 44.1 & 44.2 of the Racing Rules of Sailing apply.

POINTSCORE SYSTEM

Points for Point score and Championship races will be accrued as follows:

Position	Points
First	1
Second	2
Third	3
Fourth	4
N th	n

Non-finishing and non-starting boats will accrue points as follows:

Position	Points
Started but did not finish (DNF)	Number of starters plus 1
Did not start (DNS)	Number of starters plus 2
Disqualified (DSQ)	Number of starters plus 2

In order to encourage regular participation in racing, DNS then DNF results will be discarded before other results when calculating the points score for a series. This shall be so even if the points awarded for a DNS or DNF are less than those awarded for a finish.

Points awarded shall attach to the registered skipper as his or her name appears in the Club's membership register. In the event that a skipper does not race due to support boat or other rostered Club duties, or incurs a disadvantage by taking onboard a crew from the LTS group, points will be awarded on the basis of an average from that skipper's best six results during the season. The same will apply in the event that a skipper misses a race due to him or her competing in a recognised class event (e.g., State Titles, National Titles, inter-club events etc.). Points awarded in this way will be calculated at the end of the season and prior to the calculation of the skipper's total point score. The regular crew may substitute for the registered skipper upon request to, and at the discretion of, the Race Committee. Requests must be in advance of the race to allow adjustment of handicap. Failure to notify the Race Committee renders a boat liable to disqualification.

HANDICAP POINTSCORE COMPETITION

There will be a Handicap Point score Competition for each division as follows:

Series	Subject Races
Pre-Christmas Point score	all scheduled Club races held prior to the Xmas break
Post-Christmas Point score	all scheduled Club races held after the Xmas break
Overall Point score	all scheduled Club races held throughout the season

The handicap winner for each division in each series will be the skipper of the boat with the least number of points calculated by summing the handicap points awarded for each race in the relevant series less discards as follows:

- Pre-Christmas Point score: no discards
- Post-Christmas Point score: no discards
- Overall Point score: number of discards will equal 25% of races sailed (rounded to the closest whole number).

In the event of a tie, the tie will stand and trophies or awards will be shared.

An explanation of the Club's handicapping system is available on the Club's website.

CLUB CHAMPIONSHIP COMPETITION

Unless otherwise decided by the Race Committee, there will be 16 championship heats scheduled during each season.

The Club Champion for each division shall be the skipper of the boat with the least number of points calculated by summing the points awarded for that boat's scratch results in all championship races less discards as follows:

- Club Championship: number of discards will equal 25% of championship races actually sailed (rounded to the closest whole number).

Should there be a tie, the tie will stand and trophies or awards will be shared.

Championship points shall only be awarded to a boat when the helmsman is her registered skipper. Before a boat can be declared a Championship winner the Race Committee may require that it hold a current A class measurement certificate from its class association, or that it complies with such measurements and is sailed under such conditions as may be laid down by the Race Committee. Sails may be measured.

ELIGIBILITY FOR AWARDS

To be declared a winner (1st) or place getter (2nd or 3rd) in the Club Championship and/or a Point score series a skipper must start a minimum number of races as follows:

- Club Championship – three championship races;
- Pre Xmas-Point score – four pre-Xmas races;
- Post Xmas-Point score – four post-Xmas races; and

- Overall Point score – eight races sailed during the season.

CHANGE OF BOAT

If a skipper temporarily borrows someone else's boat then the points for any race entered will not count either for the skipper or the owner of the boat.

If a skipper permanently changes boats during the season and continues to race in the same division then the following will apply:

Competition	Outcome
Pre-Christmas Point score	The skipper's points will continue to accumulate with no amendment to his/her handicap.
Post-Christmas Point score	The skipper's points will continue to accumulate with no amendment to his/her handicap.
Overall Point score	The skipper's points will continue to accumulate but his or her handicap will be reset to scratch at the time of the change.
Club Championship	The skipper's points will continue to accumulate based on his/her scratch results.

JIB HAND RACE

It is intended that entries in this race shall be boats skippered by their regular jib hand. The jib hand shall be a financial sailing member of the Club. Perpetual trophies will be awarded to the scratch winner in each division.

CHAMPION OF CHAMPIONS RACE

Club Championship winners in each division for the current season will be eligible to compete in this event. The format and date of the event as well as how boats are to be allocated to competing skippers will be determined by the Race Committee.

YARDSTICK RACES

In a Yardstick Race all classes will start together and sail the same course. Positions will be calculated using the current Australian Sailing Yardsticks which can be found at: <https://cdn.revolutionise.com.au/site/5ljxcw9jyqsasixf.pdf>

SPRINT SERIES

A Sprint Series is a number of short races, sailed consecutively, which together constitute one event. A single scratch and a single handicap result will be calculated for each division based on the cumulative results of each race.

Unless otherwise determined by the Race Committee, there will be two sprint series events each season and trophies will be awarded to the scratch winner in each division for each sprint

series event.

SAFETY REGULATIONS

The Club has adopted the Specific Regulations recommended by Australian Sailing Special Regulations Part 2 which can be found at:

<https://cdn.revolutionise.com.au/site/hcjry2yn7bmxwho.pdf>

It is the responsibility of every Club member to understand these safety regulations and to comply with them.

The Race Committee may carry out a safety inspection at any time. Any boat or Club member found not to be complying with the Safety Regulations, and/or the rules of the relevant Class Association and the relevant Club rules will not receive points until compliant with those rules.

ONE UP SAILING

Open Class Boats with two crew member capability shall be allowed to sail one up and will:

- be able to accrue handicap points but not championship points.
- be eligible to be awarded handicap prizes and trophies but not scratch prizes and trophies.

Hérons and NS14s shall be allowed to sail one up subject to a time adjustment added to its recorded race time for closed handicap races and added to the start time for open handicap races. This is done for the purpose of calculating scratch and handicap results.

They are able to accrue handicap and championship points, and will be eligible to be awarded handicap and scratch prizes and trophies.

- Hérons sailing one up incur a +2 minutes penalty
- NS14's sailing one up incur a +1.5 minute penalty

BOAT SPEED AND GPS DEVICES

NS14 Association class rule 10.5 regarding boat speed and GPS devices will not apply to Club racing events.

These devices may be used for all Club events.

HERON JIB & GENOA OPTIONS

Heron class racing is to be generally subject to the Heron Class Rules as laid out in the Measurement Form, By Laws and Constitution published by the Heron Sailing Association of Australia Inc. The following exception will apply:

In addition to the two head sails (jib and genoa) allowed under the Heron Class Rules, Hérons participating in Club racing are permitted to use a third alternative head sail (the intermediate jib).

The purpose of the intermediate jib option is to provide an on-water correction factor for differing crew and boat weights, in order to create closer racing within the Heron fleet.

The dimensions of the jib and genoa are as prescribed by the Heron Sailing Association of

Australia Inc. The dimensions of the intermediate jib are as prescribed by the Club's Race Committee.

Which of the three head sails that can be used in a Club race is dependent on a calculation that includes the individual boat's weight, total crew weight and whether the boat will be sailed single handed or with a crew.

For specific details on the use of the three alternate head sails in Club racing contact the Club's Heron Class representative.

END OF SAILING INSTRUCTIONS