

PHOSC SAILING INSTRUCTIONS

Definitions

CLUB: Port Hacking Open Sailing Club Inc.

RACE COMMITTEE: The Race Committee shall consist of the Rear Commodore, Starters, elected members and seconded members, as necessary.

Instructions

1. RULES

All races will be governed by the rules as defined in the ISAF Racing Rules of Sailing (RRS), the prescriptions and special regulations of Yachting Australia (YA), the rules of each relevant class for boats racing in class divisions, (except as any of these are changed by these sailing instructions) and by these sailing instructions.

Any appeal against a decision of the Race Committee shall be referred to Yachting NSW. Any decision of Yachting NSW shall be final except where Yachting NSW refers it to another Yachting Authority.

2. DISCLAIMER OF LIABILITY

It is the competitor's sole decision to enter a club race and to start and or to continue to compete. By way of entering, competitors acknowledge and agree that participation in the event can be dangerous and accept their participation is at their exclusive risk in every respect. Further, by way of entering competitors shall hold harmless the organising authority, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in the event and acknowledge and accept that the organising authority, its officers, members, servants, agents and other competitors accept no responsibility in respect to loss of life, personal injury or loss or damage to property which may be sustained by reason of a competitor's participation or intended participation in the event or arising for whatever reason in connection with the event. Attention is drawn to RRS Fundamental Rule 4 – Decision to Race and YA Special Regulations Part 2, 1.02 – Responsibilities. By way of entering, competitors acknowledge and agree that participation in the event can be dangerous and accept their participation is at their exclusive risk in every respect. Further, by way of entering competitors shall hold harmless the organising authority, its officers, members, servants and agents and all other competitors in respect of all liability for injury to their person and or loss or damage to their property howsoever arising from their participation or intended participation in the event and

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3. ALTERATIONS TO SAILING INSTRUCTIONS

Prior to the warning signal, the Race Committee may make temporary alterations that affect only the immediate race to these sailing instructions. Such temporary alterations shall be signified as deemed appropriate by the Race Committee.

4. RACE ENTRIES

Entry to club races is restricted to financial sailing members of Port Hacking Open Sailing Club Inc. who have completed current membership forms and paid the prescribed fees. Social Members of PHOSC shall be entitled to sail in not more than 3 races in any one season but shall not earn points or be eligible for trophies/awards/prizes.

Visitors from other sailing clubs may compete in club races by advising the Starter. Such visiting yachts shall be subject to these Sailing Instructions but they will not earn points or be eligible for trophies/awards/prizes.

5. CREW ELIGIBILITY

Crews sailing regularly with the Club must be financial sailing members of PHOSC. Three races only are allowed for non-member or social member adult crews. All junior crews are required to be either Junior Sailing or Junior Social Members of PHOSC for the purpose of personal injury insurance. Three races only are allowed for Junior Social Member crews but they will not be eligible for trophies/awards/prizes.

6. SIGNING ON

The skipper or crew of each boat shall sign on at least 15 minutes before the start of each race. The time limit shall be at the discretion of the Race Committee. A visiting skipper and/or crew shall sign on at least 15 minutes before the start of the race in the visitors book only.

If any boat has not signed on then, at the discretion of the Race Committee, such boat may be accepted as a starter provided the skipper indicates their intention to start the race to the Starter prior to the Warning Signal. It is the responsibility of the skipper to ensure that this report is heard by the Starter.

Failure to sign on could result in the boat being penalised, at the discretion of the Race Committee.

Sign-on sheets will be available in the clubhouse.

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Failure to sign on could result in the boat being penalised, at the discretion of the Race Committee.

7. SCHEDULE OF RACES

The dates of all club races will be as stated in the official [Racing Program](#) see Website and or Racing notice board on wall of Starters room.

Where an alteration is to be made to the Race Program, the Race Committee will give no less than seven (7) days notice and post details of the alteration on the Club Notice Board and on the club website.

8. COURSES

Courses are described in [Courses](#) on the PHOSC website and are subject to amendment at the discretion of the Race Committee.

The course to be sailed will be signified by a numbered disc displayed next to the Starter's Box.

A change in course may be made at any time up to the Preparatory Signal by changing the course number disc. After this time, an announcement will be made and a fresh Preparatory Signal will be given.

9. MARKS

Unless otherwise advised, the marks will be red or yellow buoys.

10. STARTING & FINISHING LINES

The starting and finishing line shall be a line between the yellow buoy laid in front of the Clubhouse and the Starter's Box or as otherwise determined by the Race Committee and announced at a pre race briefing.

11. BRIEFING

A briefing may be given prior to the start of any race. No information given verbally at a briefing shall override these Sailing Instructions

12. LONE STARTER

Should one boat appear at the start alone, she shall be entitled to sail the course and thereafter be declared the winner of that race

13. STARTING PROCEDURE

Numbers displayed on the digital clock on the Starter's Box will control starting. The clock will show minutes and tenths of minutes in descending sequence.

In a Sealed Handicap race yachts will start in groups according to class. The class clock start numbers will be as follows:

CLASS	CLOCK STARTING NUMBER
Open 1 (small boats)	50.0
Heron	35.0
MJ	30.0
NS14 & Open 2 (large boats)	15.0





In an **Open Handicap** event each boat will start when the clock displays its individual handicap number, regardless of class of boat. The starting clock will normally be switched on at 1pm when it will show 60.0. The Race Committee may alter this time and an announcement made to that effect by the Starter.

A ten minute verbal Warning Signal will be given by the Starter.



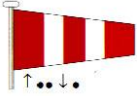
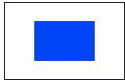
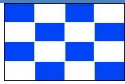
A five minute verbal Preparatory Signal will be given by the Starter.

Racing Rules apply to each class after their Preparatory Signal.

Should the digital clock not be operating, a Flag Start will be made. The procedure for a Flag Start will be as follows:

TIME	FLAG	SIGNALS
5 minutes prior to the start		Warning Signal Club Flag raised plus sound signal
4 minutes prior to the start		Preparatory Signal Code Flag P raised plus sound signal
1 minute prior to the start		Preparatory Signal Code Flag P lowered plus sound signal
Start		Club Flag lowered accompanied by a sound signal

Signal Flags

Recall Signals	
	General Recall
	Code Flag X = Individual Recall
RACE ALTERATION SIGNALS	
	Answering Pennant = Postponement
	Code Flag S = Shortened course
	Code Flag N = Race abandoned

14. RECALLS

A general recall will be indicated by either loudspeaker or the raising of the General Recall Pennant. All boats shall return behind the starting line. A fresh Preparatory Signal shall be given by resetting the clock to show 4 minutes before the division's starting number. Individual boats will be recalled by loudspeaker, or the raising of the Individual Recall Flag (Code Flag X).

15. TIME LIMIT

The time limit for all boats shall be three hours from the Class start time for each class for Sealed Handicap races and three hours from the scratch start time for Open Handicap starts.

16. SHORTENED COURSE

Code Flag 'S' flying from the club and on the support boat shall signify a shortened course. The Starter or the support boat may give a verbal instruction.

17. POSTPONEMENT

The "Answering Pennant" flying from the clubhouse will signal postponement. The extent of the postponement will be announced by loudspeaker. A new Preparatory Signal will be given.

18. ABANDONMENT

Abandonment will be signalled by Code Flag 'N' flying from the club and, where possible, on the support boat. The Starter or Race Committee shall make this decision.

19. STRONG WINDS

In the event of strong winds, the Race Committee will make decisions in accordance with Safety Management and Risk Assessment Procedures.

20. RETIREMENT

Any boat failing to finish a race shall advise the Starter as soon as practicable.

A boat that has retired must not cross the finishing line in the normal direction of the course. It should also sail well away from the finishing line and buoy.

21. PROTESTS

Protests shall be made in writing on the prescribed form and handed to the Starter or a member of the Race Committee by 6.00pm on the day of the race. A Protest will be heard as soon as possible following lodgment to the Race Committee.

22. TAKING A PENALTY

- Touching a mark: a boat that touches a mark while racing may take a penalty by making one turn (360°), [RRS Rules 44.1 & 44.2].
- Taking a penalty: a boat that breaks a rule against another boat must make two penalty turns (720°), [RRS Rules 44.1 & 44.2].

23. POINTSCORE SYSTEM

Points for Pointscore and Championship competitions will be awarded on the following basis: 1st – 11 points, 2nd – 9 points, 3rd – 7 points, 4th – 6 points, 5th – 5 points, 6th- 4 points, 7th – 3 points. Other yachts obtain 1 point for starting and 1 point for finishing.

Boats, which are disqualified are awarded no points. Points awarded shall attach to the registered skipper as appears on the Membership Form. In the event that a boat does not race due to support boat duty, average points will be awarded on the basis of an average result from the best 6 results during the season.

When determining the overall club pointscore these points awarded for support boat duties shall be included prior to consideration of the best 20 race results that are to be considered in order to determine the final pointscore total.

The regular crew may substitute for the registered skipper upon request to, and at the discretion of, the Race Committee. Requests must be in advance of the race to allow adjustment of handicap. Failure to notify the Race Committee renders a boat liable to disqualification.

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24. ATTENDANCE AT TITLES OR REGATTAS

If a boat intends to compete in a State or National Title Event or Recognised Class Regatta on a day set down for a Club Championship Heat, 14 days notice can be given and the Championship Heat for that class held on the first sealed handicap day following the date set down for the Championship heat, and a Sealed Handicap race substituted.

25. HANDICAP POINTSCORE COMPETITION

There will be a Handicap Pointscore Competition for all divisions as follows:

- Pre Christmas Pointscore on all afternoon events
- Post Christmas Pointscore on all afternoon events
- Overall Club Pointscore on all afternoon events, the best 20 results will be totalled to determine the final overall pointscore tally for each boat. Awards will be based on the total handicap points gained in the races nominated. Should there be a tie, the tie will stand and trophies or awards will be shared. Points received for support boat duty shall be considered when determining the best 20 best results

For an explanation of the Handicapping system click on [Handicapping](#).

26. CLUB CHAMPIONSHIP COMPETITION

The award of the Club Champion shall be made on the basis of a boat's 15 eligible Championship Heats, whereby the 11 best result heats will count (worst 4 race results will be dropped) across the nominated Championship races in the Race Program. Should there be a tie, the tie will stand and trophies or awards will be shared.

Championship points shall only be awarded to a boat when the helmsman is her registered skipper.

Before a boat can be declared a Championship winner the Race Committee may require that it hold a current A class measurement certificate from its class association, or complies with such measurements and is sailed under such conditions as may be laid down by the Committee. Sails may be measured.

27. ELIGIBILITY FOR AWARDS

To be declared a winner (1st) or place getter (2nd or 3rd) in the Club Championship a boat shall sail a minimum of three (3) Club Championship races.

To be declared a winner (1st) or place getter (2nd or 3rd) in a Pointscore event a boat shall sail:

- Pre Xmas Pointscore – minimum four (4) races pre Xmas
- Post Xmas Pointscore – minimum four (4) races post Xmas
- Overall Pointscore – minimum eight (8) races overall

28. JIB HAND RACE

It is intended that entries in this race shall be boats skippered by their regular jib hand. The jib hand shall be a financial sailing member of the Club. Perpetual trophies will be awarded for the 1st on handicap in each division.

29. CHAMPION OF CHAMPIONS RACE

Club Championship winners in each class for the current season will be eligible to compete in this event. Boats and crews will be allocated to competing skippers by ballot or as otherwise determined by the Race Committee.

30. YARDSTICK RACE

In the Yardstick Race all classes start together. Three laps plus a windward leg. Current Yachting Victoria Yardsticks apply.

31. SPRINT SERIES

A Sprint Series is a number of short races, sailed consecutively, which together constitute one event. A single scratch and a single handicap result will be calculated for each division based on the result of each race, and the overall result of this event will be the average, result point result of all heats in the Sprint race event.

A Sprint Trophy is awarded to the scratch winner in each division.

32. SAFETY REGULATIONS

The Club has adopted the Specific Regulations recommended by Yachting Australia (YA Special Regulations Part 2). Go to [Safety Regulations](#) in the Racing menu. A safety inspection may be carried out by the Race Committee (YA SR Part 2, 2.01) at any time. Any boat not complying with YA, Class Association and Club rules will not receive points until compliant with those.

33. ONE UP SAILING

Boats with two crew members in the open class, shall be allowed to sail one up and will:

- be able to accrue handicap points but not championship points.
- be eligible to be awarded handicap prizes and trophies but not scratch prizes and trophies.

Hérons shall be allowed to sail one up, subject to a +2 minutes time adjustment added to its recorded race time for the purposes of calculating scratch and handicap results. And be able to accrue handicap and championship points, and be eligible to be awarded handicap and scratch prizes and trophies.